

Program Faculty

- 3 Full Time Faculty; 2 Post-Doctoral Fellows; 11 Doctoral Students; 14 Graduate Students; 35 Undergraduates; 30 Preceptors
- Among the department faculty there are several nationally renowned experts in a number of key research areas including exertional heat illness, hydration, sports nutrition, exercise physiology, and strength and conditioning

Stephanie M. Mazerolle, PhD, ATC

Director, Entry-Level Athletic Training Education

Dr. Mazerolle serves as the program director for the CAATE accredited athletic training undergraduate program. In addition to maintaining CAATE accreditation for the program, she oversees the clinical education experiences for the undergraduate students, teaches courses related to professional development and responsibility for the AT, athletic injury assessment, rehabilitation of athletic injuries, and counseling issues for the AT.

Research Interests:

- Work-life Balance Initiatives, Professional Socialization, Mentoring, Attitudes and Perceptions Related to Sudden Death

Douglas J. Casa, PhD, ATC, FACSM, FNATA

Director, Athletic Training Education; Supervisor, Graduate Programs

Dr. Casa teaches Emergency Procedures and Current Research Methods. For the past 11 years at UConn, Dr. Casa has worked toward his goal of preventing sudden death in sport. During this time he has published more than 100 peer-reviewed publications and presented more than 300 times on a national and international level. Dr. Casa has successfully treated more than 100 cases of exertional heat stroke.

Research Interests:

- Exertional Heatstroke, Hydration & Performance, Prevention of Sudden Death in Sport

Lindsay J. DiStefano, PhD, ATC

Clinical Coordinator, Athletic Training Education

Dr. DiStefano joined the department in the fall of 2009 and serves as the Clinical Education Coordinator for the athletic training undergraduate program. Dr. DiStefano translates her research regarding musculoskeletal injury prevention into the classroom by teaching courses related to biomechanics and therapeutic interventions.

Research Interests:

- Sport-Related Musculoskeletal Injury Prevention focusing specifically on ACL injuries, Injury Prevention in Youth Populations

ATHLETIC TRAINING PROGRAM



College of Agriculture, Health, and Natural Resources (CAHNR)

Program Overview

The mission of the Athletic Training Education program is to prepare students for employment in entry-level athletic training positions located in a variety of clinical settings and/or for the pursuit of advanced degrees in athletic training or health-related professional schools by providing them with the fundamental knowledge, concepts, and skills of a certified athletic trainer as determined by the Athletic Training governing bodies: Board of Certification, Commission on Accrediting Athletic Training Education (CAATE), and the Educational Council.



Housed in the Department of Kinesiology in the CAHNR

Graduates receive a Bachelor of Science in Athletic Training

ADMISSION GUIDELINES

- Pre-requisite Course Grades
- Overall GPA
- Science GPA
- Personal Statement of Interest
- Letters of Recommendation
- Recommendations from Clinical Supervisors
- Personal Interview
- ** Application deadline for admission is November 1st.

** Must be full-time student at Storrs, CT and enrolled in EKIN 3100, 2100, and 2110



UConn



Academic Curriculum

Students who are accepted into the Athletic Training Education Program will complete 2 ½ years of academic and clinical education. Academic course-work includes courses such as anatomy, human and exercise physiology, kinesiology, orthopedic evaluation and assessment, pathology and treatment of illness, therapeutic modalities and exercise, pharmacology, nutrition, and professional development. A majority of the Athletic Training courses in the curriculum are taught in the state of the art Athletic Training Learning Laboratory. Upon completion of the program the student is eligible to sit for the Board of Certification (BOC) certification exam.

Program Alumni

Most UCONN undergraduate athletic training students continue on to graduate school. Many of our alumni find jobs at Division I, II & III colleges, high schools, professional sport settings and sports medicine clinics; while others pursue careers in other health professions.

Why UCONN?

The Athletic Training program at UCONN is committed to excellence in education and research. The program is housed in the Department of Kinesiology in the College of Agriculture, Health and Natural Resources, which offers students the chance to learn and interact with faculty in the areas of exercise science, strength and conditioning, athletic training, and physical therapy. Faculty and preceptors utilize professional networks to help students obtain summer and holiday break internships. Our students benefit from being part of a small program by consistently having personal instruction and having an educational staff that collectively advises them as needed. Students in our program are provided with a broad intensive education utilizing a hands-on approach. Students are provided with excellent student: instructor ratio; 12:1 classroom ratio, in some cases 6:1 ratio in laboratory courses. For clinical rotations ratio range from 3:1 to 1:1 depending on the setting. Our 2014 BOC pass rate was 100%.

For further information please contact:
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Clinical Experiences

In addition to the academic course-work, students are also assigned to various clinical sites such as UCONN athletics, local small colleges, local high schools, private boarding schools, local hospitals, sports medicine clinics, and other allied health care settings. Examples include: UConn, ECSU, University of St. Joseph, University of Hartford, Tolland High School, Windham High School, and Trinity College. Additionally, students have participated in internships over the summer and holiday breaks with the NFL (5 different teams in the last 5 years), the WNBA, major and minor league baseball, and the Disney Wide World of Sports.

Visit: athtrain.kins.uconn.edu for more info



Sampling of our Curriculum:

Human Physiology and Anatomy, Prevention and Care of Athletic Injuries, Functional Anatomy, Biomechanics of Injury and Sport, Pathophysiology and Pharmacology, Current Research, Therapeutic Interventions, Taping, and Bracing, Assessment of Athletic Injuries, Counseling in Sport, Emergency Procedures, Strength and Conditioning

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